

CAPES

Child and Adolescent Psychiatric Evaluation Service



Who Is the CAPES Team?

Lesli Preuss, Ph.D.
Director
Licensed Clinical Psychologist, Child Specialty

Rodrigo Pizarro, M.D.
Medical Director
Board Certified Child Psychiatrist

Jane Fried, M.D.
Pediatric Consultant

Veronica Barbery, B.A.
Program Coordinator

Laurence Greenhill, M.D.
Expert Consultant

Patria Guzman-Ramos, C.S.W.
Clinical Social Worker

Kelly Posner, Ph.D.
Service Consultant

Michele Pupacic, B.A.
Assessment Assistant

Bruce Waslick, M.D.
Expert Consultant

Contact Information

For providers and families interested in
obtaining a free diagnostic evaluation
and/or consultation, please contact:

Veronica Barbery, B.A.
CAPES Program Coordinator (bilingual)
(212) 568-2908

If you have questions about the service,
please contact:

Lesli Preuss, Ph.D.
CAPES Program Director
(212) 543-6712
preussl@childpsych.columbia.edu



1051 RIVERSIDE DRIVE NYSPI UNIT 74 NEW YORK 10032
FAX 212 543 6660 TEL 212 568 2908

LESLI PREUSS, Ph.D., DIRECTOR

WHAT IS CAPES?
CAPES IS A FREE
DIAGNOSTIC EVALUATION
AND CONSULTATION SERVICE
FOR PROVIDERS AND FAMILIES
HELPING YOUTH WITH
MENTAL HEALTH ISSUES.

WE SPECIALIZE IN YOUTH
AGED 3 TO 17 WITH
BEHAVIORAL DISTURBANCE,
BUT WILL ALSO ASSIST WITH
CHILDREN AND ADOLESCENTS
WITH EMOTIONAL AND
DEVELOPMENTAL CONCERNS.

Why Is CAPES Important?

There is mounting evidence that pediatricians have become the front-line managers of patients' physical *and mental* health needs.

The New York State Psychiatric Institute, via CAPES, is uniquely situated to collaborate in this area, given our location and range of expertise.

Working in tandem with community-based providers, CAPES staff can provide appropriate diagnoses and treatment recommendations to the patients and alleviate some of the burden placed on the pediatricians and other providers.

CAPES also provides easy access to voluntary research studies for youth and their families at the New York State Psychiatric Institute.

Who Is Eligible?

Youth aged 3 to 17 who are struggling with mental health issues and those youth for whom providers would like a second opinion regarding diagnosis and/or treatment of mental health problems. Spanish-speaking parents are welcome.

Free treatment will be available to those youth with problems that match available protocols. Otherwise, referral elsewhere will be made. In all cases, youth will be referred back to the referring provider for ongoing monitoring.

What Is a CAPES Evaluation?

A comprehensive, expert psychological evaluation and psychiatric consultation.

Evaluations include:

- Psychological interview
- Structured, parent, diagnostic assessment
- Child cognitive screening
- Multifaceted symptom assessment
- Psychiatric consultation

What Happens After the Evaluation?

Initial, written feedback is provided to the family and referring provider.

Specific treatment recommendations are formulated and explained to the family, including referrals to specific mental health agencies/providers if necessary.

When appropriate, the family is informed of opportunities to participate in voluntary research protocols at the New York State Psychiatric Institute.

The family is referred back to the referring physician with a diagnostic formulation and treatment recommendations (e.g., medication recommendations and names of mental health treatment providers).

CAPES staff are available for ongoing consultation with the referring provider regarding our recommendations, as needed.